
PRESS RELEASE

For Immediate Release
August 10, 2017

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Tri-County Celiac Support Group (a 501(c)3 support group for people with Celiac Disease, Dermatitis Herpetiformis and Gluten Intolerance) is excited to announce our event calendar for the 2017-2018 year. All events listed will be held at First Presbyterian Church of Farmington Hills – 26165 Farmington Road, Farmington Hills, MI. More information can be found at www.tccsg.net or our facebook page "Tri-County Celiac Support Group"

September 18, 2017 (Monday)
7pm-8:30pm (Doors open at 6:30pm)

GF Asian Food Demo by Greg Richards; owner of Wok Asian Bistro, Northville, MI



Wok Asian Bistro is owned & operated by Greg Richards and his family. Greg believes in farm fresh ingredients, which are both local and organic. Every bite is healthy with no preservatives and no fillers. Greg specializes in catering to allergies and sensitivities. Since every meal is cooked in its own clean wok, Greg is able to tailor your dish to meet your needs.

Members: Free / Non-members: \$10

October 16, 2017 (Monday)
7pm-8:30pm (Doors open at 6:30pm)



Celiac Disease in Children and New Frontiers in Treatment - Dr. Grace (Jenny) Lee from University of Michigan Celiac Center. Dr. Lee joined University of Michigan Health System in 2016 as a pediatric gastroenterologist and assistant professor. She has assumed the responsibility of the Celiac Center. Dr. Lee is board certified in pediatrics and pediatric gastroenterology. **Members: Free, Non-members: \$10**

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Tri County Celiac Support Group



*"Learning to Live a **Gluten-Free** Lifestyle."*

October 28, 2017

(Saturday)

5:30pm – 7:30pm (Doors open at 5:00pm for registration & candy checks)

GF HALLOWEEN PARTY FOR KIDS

5th Annual GF Halloween for Kids (to age 17)

Kids with Celiac / Gluten Intolerance and their

siblings are invited to join us. Kids must be

supervised by a parent / guardian 18 or older.

Kids will trunk or treat, play games, have some GF

snacks and get to know one another. All families

participating in trunk or treat need to bring GF /

Nut Free Candy. **Members: Free, Non-members:**

\$10/family

November 13, 2017 (Monday)

7pm-8:30pm (Doors open at 6:30pm)



Bob & Ruth's Gluten Free Dining & Travel Get

some tips on how to travel / dine out gluten free.

Bob & Ruth arrange gluten free trips for their

customers to travel the world. More information

about Bob & Ruth's Gluten Free Dining & Travel at

www.bobandruths.com

Members: Free, Non-members: \$10,

January 15, 2018 (Monday)

7pm-8:30pm (Doors open at 6:30pm)



"Gluten Free Processed Foods & Flours – what to look for and what to avoid" By Lana Coxton

MS, RD, CNSC, ACSM EP-C. Join Lana for an

exhilarating discussion on GF Processed Foods and

Flours. She will give us tips for what to look for on

the labels. **Members: Free, Non-members: \$10**

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February 12, 2018 (Monday)
7pm-8:30pm (Doors open at 6:30pm)



The Latest on Celiac Research & Standards by
Dr. Hilary Jericho, MD Assistant Professor of
Pediatrics, Department of Pediatric
Gastroenterology, Hepatology, and Nutrition
Director of Pediatric Clinical Research, The
University of Chicago Celiac Disease Center

Members: Free, Non-members: \$10

March 12, 2018 (Monday)
7pm-8:30pm (Doors open at 6:30pm)



Is my medication Gluten Free? By Dr. Steve
Plogsted, PharmD We welcome Dr. Plogsted back
by popular demand! Dr. Steven Plogsted is a
clinical pharmacist who has been involved with
celiac disease since 1995 and provides expert
advice in the field of gluten in medication. He has
written numerous articles and book chapters on
gluten and medication and has delivered
numerous lectures and presentations on the
subject. Dr. Plogsted is the owner of
glutenfreedrugs.com and keeps this database of
drugs to indicate which drugs are safe for people
with Celiac Disease.

Members: Free, Non-members: \$10

Note regarding additional events:

*Please note that additional events including more
kids events and Beat the Wheat 5k Run/Walk will
be announced at a later date as details are
finalized.*